

Wild Within 1 & 2 Gear List

Please see the list below of required and optional gear to bring to class. We know there is quite a bit on here -- try visiting local thrift stores, REI garage sales, home garage sales, online Trading Posts, and the basements of family and friends in order to find deals for items on this list :).

Required Gear:

- Tent or tarp – *waterproof with waterproof ground footprint cover*
- Sleeping bag – *20 degree or colder synthetic recommended*
- Sleeping pad - *waterproof*
- Toiletries and personal medication as needed

Outdoor Clothing for the season

- Multiple layers for flexibility
 - Wool or synthetic fibers so you are warm when wet
 - Minimum of 1 complete change of clothes in case you get really wet
 - Warm hat and gloves
 - Polypro long underwear
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- Swimwear - regardless of the season
 - Rain Gear
 - Sturdy Footwear – *broken in and waterproof is best*
 - Hot beverage mug, Bowl, Spoon, Fork
 - 3 meals (2 breakfasts, 1 lunch) – non-refrigerated, that don't need to be cooked, packed in sturdy Tupperware containers.
 - Two 1-liter water bottles and / or camelback hydration system
 - Day Pack – *should be large enough to carry lunch, water, and some extra clothing.*
 - Journal (paper notebook)
 - Pens/Pencils
 - Knife - 4" or less fixed blade w/sheath is best
 - Headlamp or Flashlight
 - Large, strong trash bag to keep your gear covered

Optional gear:

- Pillow
- Wool blanket for around the fire
- "Crazy Creek" type camp chair
- Camera

- Binoculars
- Flashlight
- Musical instruments
- Poetry or stories to share
- Anything that would help the group get to know you better!

Do Not Bring:

- Ipods or other music players
- Gaming devices or other electronics
- *Phones are okay to bring for travel communication purposes, but they are not allowed for typical day-to-day use. Instructors will set boundaries as needed